

St. Bede's Episcopal Church

Dear Friends,

Please accept these offerings for your journey through this Lent. Pick and choose from devotionals, books, a writing program, a Spotify playlist, and know that you are never alone in the wilderness.

Blessings,

Jennifer⁺

What Is a Devotional, and Why Use It?

If you're not familiar with devotionals, these are resources designed to help people engage or grow in faith throughout the week beyond church gatherings. They often provide short reflections on scripture or faith-related topics, and they can be structured for daily, weekly, or occasional use.



HENRI MATISSE
AND THE
COLORS OF LENT
A LENTEN DEVOTIONAL

[Click here for the Colors of
Lent Devotional](#)



2025
**LENTEN
MEDITATIONS**

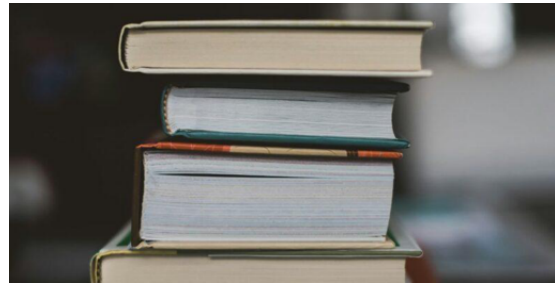
A Commonplace Lent



[Click here for Episcopal Relief and
Development Lenten Meditations](#)

buildingfaith

In addition to these free resources, Building Faith has a list of top picks for devotionals to purchase that include these titles.



[Click here for Building Faith Top Picks](#)

LIFELONG LEARNING
Virginia Theological Seminary

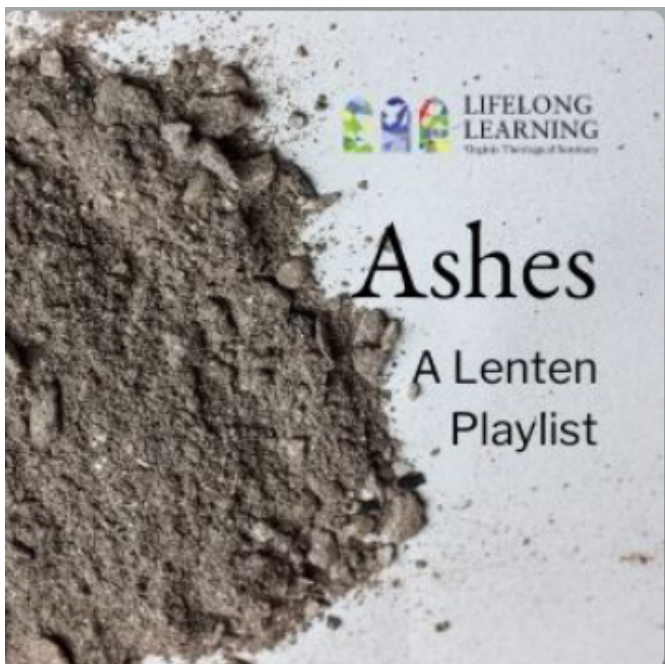
Writing as Spiritual Practice:

A Lenten Invitation

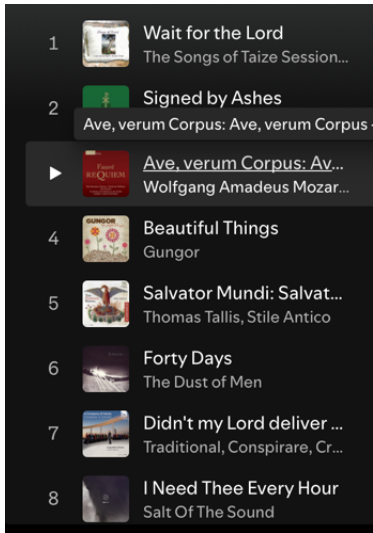
 Kathleen Henderson Staudt
Poet, Scholar, Teacher, and
Spiritual Guide

[Register here for Writing as a Spiritual Practice](#)

Anyone seeking to deepen their spiritual practice through writing, engage in prayerful reflection, and open themselves to God's presence during the Lenten season. This program is ideal for those looking for a creative and introspective way to enrich their spiritual journey. Starts on Tuesday, March 11 · 4pm PDT.



[Click here for the Ashes Playlist on Spotify \(sample below\)](#)



The format is straightforward: 32 saints are placed into a tournament-like single elimination bracket. Each pairing remains open for a set period of time and people vote for their favorite saint. 16 saints make it to the Round of the Saintly Sixteen; eight advance to the Round of the Elate Eight; four make it to the Faithful Four; two to the Championship; and the winner is awarded the coveted Golden Halo.



[Click here to play!](#)

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